

NurtureGroup

Free Support & Play Groups 2026

We offer a safe and secure environment for children from birth to starting school, who have been impacted by a premature or sick birth with time in a neonatal unit, prenatal anomaly, injury or condition in the first 5 years of life resulting in ongoing medical challenges.

Parents and carers can exchange ideas on parenting, tackle medical issues, share stories, build support networks, form friendships and ease the isolation that can often be felt by families.

ACT - Canberra

Thursday Fortnightly, 10.00am-12.00pm

Winanggaay Function Room

Denman Prospect Community Centre

5 Felstead Vista, Denman Prospect ACT

February 5, 19

March 5, 19

April 2, 16, 30

May 14, 28

June 11, 25

July 9, 23

August 6, 20

September 3, 17

October 1, 15, 29

November 12, 26

December 10

NurtureGroup has a strict wellness policy for all attendees.



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